What you share with us is private

- We will only share information if someone is at risk

- You can see all the information we have about you.



Mental Health Advocacy Project
(West Lothian) SCIO
Mental Health Resource Centre
Strathbrock Partnership Centre
189a West Main Street
BROXBURN
EH52 5LH

Phone: 01506 857230
Email: admin@mhap.org.uk
Website: www.mhapwl.org

OSCR
Scottish Charity Regulator
www.oscr.org.uk
Registered Charity
SC011560

We are a full member of the Scottish Independent Advocacy Alliance.

MHAP (West Lothian) SCIO is funded by West Lothian HSCP and NHS Lothian

Easy Read

What is Advocacy?

Who can use our service?

How can we help you?

mhap
Mental Health Advocacy Project
(West Lothian) SCIO

Services for you, influenced by you

Scottish Charitable Incorporated
Organisation Charity No. SC011560

What is Advocacy?

- Advocacy means helping you say what you want.
- It can help you share your thoughts and feelings.
- If you feel ignored, advocacy can speak up for you.
- It can provide you with information to help you make decisions.



Advocacy can help you know your rights so you can take charge of your life and be understood.

Who can use our service?

- You need to be between 18 and 65 years old.
- You must have a mental health issue or a problem with drugs or alcohol.
- You need to live in West Lothian.



We are a charity, not part of the NHS or social services.

Our service is free.

We can help you to:

- Talk to doctors, social workers, and others
- Find services that can support you
- Understand and protect your rights
- Help you to speak out when it's hard to be heard



You can call us at 01506 857230 and ask for help yourself.

Your family or friends can ask us for help for you.

Other services can also refer you to our service.